

# FIGHT THE

# BITES



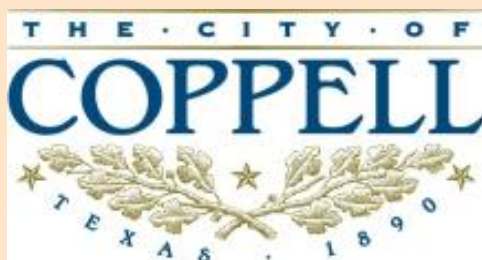
**Mosquito season in Dallas County is from April to November.**

**Residents should be on heightened alert during these months.**

West Nile Virus is a disease that is spread by the bite of a mosquito.

Mosquitoes become infected when they feed on the blood from infected birds.

Infected mosquitoes can then transmit West Nile Virus to humans and animals.



## DEFEND BY USING FOUR Ds



**DEET** All Day, Every Day  
Whenever you're outside, use insect repellents that contain DEET or other EPA approved repellents and follow instructions.



**DRESS**  
Wear long, loose, and light-colored clothing outside.



**DRAIN**  
Remove all standing water in and around your home. Change water in wading pools, pet dishes, and birdbaths several times a week.



**DUSK & DAWN**  
Limit outdoor activities during dusk and dawn when mosquitoes are most active.